

10 KM (10km)

Start-

| Nr. | ges. | m/w | AK | Teilnehmer | Jahrg. | Altersklasse | Nat. | Zeit |
|-----|------|-----|----|---|--------|--------------|------|------------|
| 240 | 1 | 1 | 1 | Taplan, Janek LC Bingen | 1985 | M 30 | GER | 00:34:40.1 |
| 229 | 2 | 2 | 1 | Schätzlein, Torsten | 1973 | M 40 | GER | 00:37:26.4 |
| 233 | 3 | 3 | 1 | Dorll, Christian LC Bingen | 1967 | M 45 | GER | 00:37:35.4 |
| 156 | 4 | 4 | 1 | Domogalla, Matthias MTV Mombach | 1987 | M | GER | 00:38:09.1 |
| 144 | 5 | 5 | 2 | Lutterbach, Stefan DJK Bingen-Büdesheim | 1976 | M 40 | GER | 00:38:59.1 |
| 029 | 6 | 6 | 2 | Mougnon, Christophe Ingelheim | 1969 | M 45 | GER | 00:39:00.4 |
| 059 | 7 | 7 | 2 | Hahn, Rolf Axel Triathlon-Team Rhein-Nahe | 1983 | M 30 | GER | 00:39:46.6 |
| 088 | 8 | 8 | 2 | Bruhn, Tobias | 1990 | M | GER | 00:40:59.7 |
| 092 | 9 | 9 | 3 | Reimer, Stefan | 1968 | M 45 | GER | 00:41:15.1 |
| 072 | 10 | 10 | 1 | Peters, Achim | 1966 | M 50 | GER | 00:41:28.1 |
| 056 | 11 | 11 | 4 | Zacherl, Michael MilaMalu Running Team | 1970 | M 45 | GER | 00:41:33.4 |
| 220 | 12 | 12 | 5 | Schulmerich, Marco Hunsrück Marathon e.V. | 1970 | M 45 | GER | 00:41:46.6 |
| 236 | 13 | 13 | 2 | Schlosser, Ulrich WSV Geisenheim | 1962 | M 50 | GER | 00:42:09.1 |
| 207 | 14 | 14 | 3 | Maniel, Patrik | 1966 | M 50 | GER | 00:42:16.6 |
| 176 | 15 | 15 | 4 | Michalski, Artur 1.SSV Ingelheim | 1962 | M 50 | GER | 00:42:27.6 |
| 186 | 16 | 16 | 6 | Rodinger, Ralf SV Gau-Algesheim 1910 e.V. | 1969 | M 45 | GER | 00:42:32.4 |
| 164 | 17 | 17 | 3 | Rebelo, Bruno Karl Gemünden GmbH & Co. KG | 1975 | M 40 | POR | 00:43:01.6 |
| 191 | 18 | 18 | 3 | Brill, Benedikt | 1988 | M | GER | 00:43:11.4 |
| 239 | 19 | 19 | 4 | Andress, Christian TV Hechtsheim 1882 e.V. | 1972 | M 40 | GER | 00:43:19.6 |
| 036 | 20 | 20 | 1 | Walther, Egbert TUS Ellern | 1956 | M 60 | GER | 00:43:25.6 |
| 139 | 21 | 21 | 7 | Krolla, Matthias DJK Bingen-Büdesheim | 1971 | M 45 | GER | 00:43:49.9 |
| 213 | 22 | 22 | 5 | Herrmann, Peter TuS 04 Monzingen e.V. | 1965 | M 50 | GER | 00:43:50.9 |
| 064 | 23 | 23 | 6 | Scheipers, Robert FC Deutsche Post | 1965 | M 50 | GER | 00:43:59.1 |
| 108 | 24 | 24 | 1 | Schäfer, Ben | 2000 | MJ U18 | GER | 00:44:05.1 |
| 071 | 25 | 1 | 1 | Paulus, Katharina Lübbers-mpt | 1986 | W 30 | GER | 00:44:16.9 |

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|-----|----|----|----|---|------|--------|-----|------------|
| 212 | 26 | 25 | 7 | Trittler, Gerhard TS-Kiedrich | 1963 | M 50 | GER | 00:44:27.9 |
| 161 | 27 | 26 | 8 | Neuhäusel, Lars LF Naheland Bad Kreuznach | 1967 | M 45 | GER | 00:44:31.6 |
| 062 | 28 | 27 | 1 | Kreckel, Konstantin Ski- und Freizeit Budenheim | 1997 | MJ U20 | GER | 00:44:42.6 |
| 126 | 29 | 28 | 9 | Brauer, Thorsten Julia Rittner SPORTS | 1969 | M 45 | GER | 00:44:50.6 |
| 067 | 30 | 29 | 5 | Gundlach, Simon Lauftreff Ingelheim | 1976 | M 40 | GER | 00:44:52.1 |
| 158 | 31 | 30 | 3 | Benz, Markus | 1984 | M 30 | GER | 00:44:56.9 |
| 154 | 32 | 31 | 1 | Kulis, Sebastian Team Muskel-Kater | 1977 | M 35 | GER | 00:44:58.9 |
| 217 | 33 | 32 | 8 | Zander, Stefan TSG Groß-Winternheim | 1964 | M 50 | GER | 00:45:10.1 |
| 181 | 34 | 33 | 10 | Hofmann, Holger | 1967 | M 45 | GER | 00:45:22.9 |
| 079 | 35 | 34 | 1 | Mohr, Paul TG Wallertheim | 1951 | M 65 | GER | 00:45:44.1 |
| 228 | 36 | 35 | 11 | V Kaminietz, Erik LC Bingen | 1967 | M 45 | GER | 00:45:57.1 |
| 032 | 37 | 36 | 2 | Kroneberg, Andreas | 1956 | M 60 | GER | 00:45:58.6 |
| 202 | 38 | 2 | 1 | Kratz, Silke TSG Heidesheim | 1970 | W 45 | GER | 00:46:07.1 |
| 230 | 39 | 37 | 4 | Reichel, Tim Even equipe RED | 1986 | M 30 | GER | 00:46:34.4 |
| 166 | 40 | 3 | 1 | Alexander, Carmen | 1975 | W 40 | GER | 00:46:39.9 |
| 179 | 41 | 38 | 12 | Harth, Mario Team KettenKnecht | 1971 | M 45 | GER | 00:46:44.9 |
| 134 | 42 | 39 | 2 | Meillan, Jean-Christophe TuS 1848 Ober-Ingelheim | 1978 | M 35 | FRA | 00:46:45.4 |
| 078 | 43 | 40 | 5 | Scharov, Viktor | 1982 | M 30 | GER | 00:46:52.6 |
| 165 | 44 | 41 | 3 | Sydow, Tim | 1978 | M 35 | GER | 00:46:55.4 |
| 105 | 45 | 42 | 6 | Seidel, Thomas | 1974 | M 40 | GER | 00:47:00.4 |
| 206 | 46 | 43 | 4 | Schmidt, Thomas | 1979 | M 35 | GER | 00:47:12.6 |
| 231 | 47 | 44 | 9 | Scholz, Marco | 1962 | M 50 | GER | 00:47:17.4 |
| 171 | 48 | 45 | 5 | Kühner, Thomas Die- Ohrmuschel.de | 1978 | M 35 | GER | 00:47:27.9 |
| 187 | 49 | 46 | 4 | Haydar, Leon NastyRunners | 1992 | M | GER | 00:47:53.6 |
| 004 | 50 | 47 | 13 | App, Jürgen | 1969 | M 45 | GER | 00:47:55.9 |
| 169 | 51 | 48 | 7 | Krist, Thorsten LF Naheland Bad Kreuznach | 1974 | M 40 | GER | 00:48:02.4 |
| 180 | 52 | 49 | 6 | Alsensz, Heiko | 1977 | M 35 | GER | 00:48:09.6 |
| 082 | 53 | 50 | 8 | Barbaro, Salvatore SPD Mainz-Bingen | 1974 | M 40 | GER | 00:48:23.6 |
| 091 | 54 | 51 | 14 | Hertlein, Mario | 1967 | M 45 | GER | 00:48:33.1 |
| 110 | 55 | 52 | 1 | Merten, Arne TSG Heidesheim | 2006 | MK U12 | GER | 00:48:33.6 |

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|-----|----|----|----|---|------|------|-----|------------|
| 116 | 56 | 53 | 9 | Merten, Jörn | 1976 | M 40 | GER | 00:48:34.1 |
| 060 | 57 | 54 | 6 | Ball, André | 1984 | M 30 | GER | 00:48:37.1 |
| 204 | 58 | 55 | 1 | Meister, Volkmar | 1961 | M 55 | GER | 00:48:40.6 |
| 150 | 59 | 4 | 2 | Perske, Nicole TSG Heidesheim 1848 e.V. | 1974 | W 40 | GER | 00:48:43.4 |
| 151 | 60 | 56 | 15 | Perske, Maurice TSG Heidesheim 1848 e.V. | 1971 | M 45 | GER | 00:48:43.5 |
| 173 | 61 | 57 | 2 | Sutor, Gerhard BK Nahe-Runners | 1960 | M 55 | GER | 00:48:44.4 |
| 152 | 62 | 5 | 1 | Waldmann, Katharina TSG Heidesheim 1848 e.V. | 1978 | W 35 | GER | 00:49:03.6 |
| 167 | 63 | 58 | 16 | Schein, Matthias MTV Mombach | 1969 | M 45 | GER | 00:49:12.9 |
| 080 | 64 | 59 | 17 | Lebert, Christian Groß-Winternheim | 1968 | M 45 | GER | 00:49:17.1 |
| 090 | 65 | 60 | 18 | Stettler, Helmut MCV-Riesling-Jogger | 1967 | M 45 | GER | 00:49:18.9 |
| 055 | 66 | 61 | 7 | Berg, Tim | 1984 | M 30 | GER | 00:49:23.1 |
| 201 | 67 | 62 | 10 | Kratz, Thomas | 1966 | M 50 | GER | 00:49:23.4 |
| 050 | 68 | 63 | 11 | Baumsteiger, Ralf Red Rock Runners Bad Kreuznach | 1965 | M 50 | GER | 00:49:23.9 |
| 123 | 69 | 64 | 12 | Rohr, Reinhold Julia Rittner SPORTS | 1966 | M 50 | GER | 00:49:30.6 |
| 237 | 70 | 65 | 3 | Pries, Uwe TuS Ober-Ingelheim | 1960 | M 55 | GER | 00:49:37.9 |
| 132 | 71 | 6 | 2 | Rittner, Julia Julia Rittner SPORTS | 1981 | W 35 | GER | 00:49:45.4 |
| 216 | 72 | 66 | 19 | Sinning, Rüdiger | 1967 | M 45 | GER | 00:49:47.9 |
| 223 | 73 | 67 | 10 | Tesmer, Peter | 1973 | M 40 | GER | 00:49:55.9 |
| 020 | 74 | 68 | 4 | Böhm, Gerhard Mombacher Turnverein 1861 e.V. | 1959 | M 55 | GER | 00:49:58.9 |
| 119 | 75 | 69 | 3 | Bayer, Gerald | 1952 | M 60 | GER | 00:50:02.1 |
| 185 | 76 | 70 | 13 | blasius, bernd | 1966 | M 50 | GER | 00:50:05.6 |
| 112 | 77 | 71 | 8 | Kremski, Marc | 1983 | M 30 | GER | 00:50:08.1 |
| 210 | 78 | 72 | 11 | Dickenscheid, Markus | 1972 | M 40 | GER | 00:50:18.4 |
| 008 | 79 | 73 | 12 | Schubert, Mike Yoga in Joy | 1974 | M 40 | GER | 00:50:27.4 |
| 232 | 80 | 7 | 3 | Kriner, Rosa | 1973 | W 40 | GER | 00:50:32.4 |
| 177 | 81 | 8 | 1 | Hashimi, Carmen | 1990 | W | GER | 00:50:33.4 |
| 121 | 82 | 74 | 5 | Vanhoovels, Marc TSG Sprendlingen | 1958 | M 55 | BEL | 00:50:36.1 |
| 131 | 83 | 75 | 7 | Welling, Rainer Julia Rittner SPORTS | 1980 | M 35 | GER | 00:50:38.1 |
| 163 | 84 | 76 | 20 | Dürk, Michael Karl Gemünden GmbH & Co. KG | 1968 | M 45 | GER | 00:50:41.9 |
| 234 | 85 | 77 | 6 | Schindler, Steffen Rieslingman | 1961 | M 55 | GER | 00:50:53.6 |
| 037 | 86 | 78 | 8 | Ferbert, Andreas | 1978 | M 35 | GER | 00:51:07.4 |

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| 135 | 87 | 79 | 1 | Meillan, Elija TuS 1848 Ober-Ingelheim | 2007 | MK U10 | FRA | 00:51:07.9 |
| 099 | 88 | 80 | 13 | Kaske, Michael | 1975 | M 40 | GER | 00:51:12.6 |
| 061 | 89 | 81 | 21 | Schnepel, Kai NABU Bingen | 1968 | M 45 | GER | 00:51:20.6 |
| 203 | 90 | 9 | 1 | Hillmer, Jutta Laufftreff Bingen | 1961 | W 55 | GER | 00:51:20.9 |
| 023 | 91 | 82 | 22 | Ramsauer, Jörg hat kein Team | 1970 | M 45 | GER | 00:51:27.1 |
| 157 | 92 | 83 | 1 | Breitkopf, Georgi | 2001 | MJ U16 | GER | 00:51:45.7 |
| 033 | 93 | 84 | 14 | Oder, Christian TSG Groß-Winternheim | 1966 | M 50 | GER | 00:51:45.9 |
| 034 | 94 | 10 | 1 | Oder, Louisa TSG Groß-Winternheim | 2003 | WJ U14 | GER | 00:51:49.4 |
| 147 | 95 | 85 | 15 | Winter, Peter Cornholefreunde Ingelheim | 1964 | M 50 | GER | 00:51:49.7 |
| 010 | 96 | 11 | 2 | Lehmann, Sabine | 1961 | W 55 | GER | 00:51:50.4 |
| 192 | 97 | 12 | 2 | Brill, Eva | 1990 | W | GER | 00:51:54.4 |
| 114 | 98 | 13 | 3 | Klippel, Lara | 1991 | W | GER | 00:52:10.1 |
| 083 | 99 | 86 | 5 | Brill, Dominik SPD Mainz-Bingen | 1987 | M | GER | 00:52:12.4 |
| 111 | 100 | 14 | 4 | Breidenbach, Isabell TSG Heidesheim | 1972 | W 40 | GER | 00:52:15.4 |
| 175 | 101 | 15 | 5 | Holzapfel, Svitlana TSG Heidesheim | 1975 | W 40 | GER | 00:52:16.2 |
| 142 | 102 | 87 | 23 | Wienand, Stefan DJK Bingen-Büdesheim | 1967 | M 45 | GER | 00:52:17.1 |
| 122 | 103 | 16 | 2 | Bischel-Duch, Sandra Goethestrasse Runners | 1970 | W 45 | GER | 00:53:09.6 |
| 098 | 104 | 17 | 6 | Deynet-Vucenovic, Annette | 1975 | W 40 | GER | 00:53:11.1 |
| 209 | 105 | 88 | 16 | Schweitzer, Stefan TSG Heidesheim | 1964 | M 50 | GER | 00:53:14.4 |
| 143 | 106 | 18 | 4 | Woker, Antonia DJK Bingen-Büdesheim | 1992 | W | GER | 00:53:16.9 |
| 039 | 107 | 89 | 14 | Langner, Werner | 1972 | M 40 | GER | 00:53:17.6 |
| 069 | 108 | 19 | 2 | Krafczyk, Isabelle Team KettenKnecht | 1985 | W 30 | GER | 00:53:19.9 |
| 096 | 109 | 20 | 7 | Schäfer, Sybille SPD Mainz-Bingen | 1972 | W 40 | GER | 00:53:20.9 |
| 227 | 110 | 90 | 15 | Van Brügge, Gernot | 1973 | M 40 | GER | 00:53:26.9 |
| 081 | 111 | 21 | 3 | Wunsch, Claudia TG Wallertheim | 1967 | W 45 | GER | 00:53:28.1 |
| 159 | 112 | 91 | 9 | STEUERNAGEL, Gerald LT TV Alsheim | 1977 | M 35 | GER | 00:53:28.9 |
| 074 | 113 | 92 | 24 | David, Griffin | 1969 | M 45 | USA | 00:53:50.6 |
| 065 | 114 | 22 | 3 | Jonasson, Annemarie | 1981 | W 35 | GER | 00:53:50.9 |
| 100 | 115 | 93 | 10 | Sempf, Fabian | 1977 | M 35 | GER | 00:53:53.6 |
| 146 | 116 | 94 | 17 | Bernd, Wolfgang | 1966 | M 50 | GER | 00:53:58.1 |

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| 205 | 117 | 95 | 16 | Seilen, Sacha | 1972 | M 40 | GER | 00:54:04.6 |
| 219 | 118 | 96 | 7 | Stenner, Stefan Lauftreff Ingelheim | 1960 | M 55 | GER | 00:54:14.7 |
| 137 | 119 | 23 | 4 | Koch, Susanne Lauftreff Ingelheim | 1970 | W 45 | GER | 00:54:15.1 |
| 009 | 120 | 97 | 17 | Schönhoff, Steffen | 1975 | M 40 | GER | 00:54:28.4 |
| 002 | 121 | 24 | 8 | Graebner, Silke | 1973 | W 40 | GER | 00:54:38.1 |
| 182 | 122 | 98 | 4 | Kiduma, Edward Red Rock Runners Bad Kreuznach | 1956 | M 60 | GER | 00:54:39.9 |
| 235 | 123 | 99 | 2 | Pörsch, Noah | 2007 | MK U10 | GER | 00:54:43.6 |
| 141 | 124 | 25 | 5 | Moos, Franzi DJK Bingen-Büdesheim | 1994 | W | GER | 00:54:46.9 |
| 048 | 125 | 26 | 6 | Kreye, Ylva | 1995 | W | GER | 00:55:00.9 |
| 218 | 126 | 27 | 5 | Leymann-Zander, Antje TSG Groß-Winternheim | 1967 | W 45 | GER | 00:55:04.7 |
| 130 | 127 | 100 | 18 | Hübinger, Oliver Julia Rittner SPORTS | 1966 | M 50 | GER | 00:55:18.1 |
| 140 | 128 | 28 | 6 | Krolla, Astrid DJK Bingen-Büdesheim | 1971 | W 45 | GER | 00:55:27.2 |
| 224 | 129 | 101 | 18 | Jaknbowski, Alexander | 1976 | M 40 | GER | 00:55:32.4 |
| 136 | 130 | 29 | 4 | Reitz, Desirée Reitz Familie Reitz | 1981 | W 35 | GER | 00:55:33.9 |
| 054 | 131 | 30 | 3 | Pfeifer-Zerfaß, Walburga | 1958 | W 55 | GER | 00:55:37.1 |
| 041 | 132 | 102 | 19 | Lennartz, Frank | 1963 | M 50 | GER | 00:55:44.1 |
| 049 | 133 | 103 | 8 | Erbar, Ralph Finther Flitzer | 1960 | M 55 | GER | 00:55:46.6 |
| 241 | 134 | 104 | 20 | Reifenberg, Ralf | 1966 | M 50 | GER | 00:55:47.4 |
| 012 | 135 | 31 | 7 | Scherer, Tanja | 1969 | W 45 | GER | 00:55:50.6 |
| 225 | 136 | 105 | 1 | Gensheimer, Jochen | 1946 | M 70 | GER | 00:55:55.2 |
| 222 | 137 | 106 | 19 | Schmiedel, Sven | 1975 | M 40 | GER | 00:55:55.7 |
| 045 | 138 | 107 | 9 | Nold, Dominic | 1982 | M 30 | GER | 00:56:08.6 |
| 189 | 139 | 32 | 4 | Schoebel, Heike Red Rock Runners | 1960 | W 55 | GER | 00:56:09.7 |
| 168 | 140 | 108 | 25 | Kauer, Torsten BK Nahe-Runners | 1969 | M 45 | GER | 00:56:26.9 |
| 117 | 141 | 33 | 5 | Graffe, Sonja | 1979 | W 35 | GER | 00:56:31.4 |
| 026 | 142 | 34 | 3 | Weinmann, Pia Anna | 1983 | W 30 | GER | 00:56:31.9 |
| 238 | 143 | 109 | 6 | Zerban, Marco | 1992 | M | GER | 00:57:06.9 |
| 104 | 144 | 35 | 7 | Gaßel, Verena | 1995 | W | GER | 00:57:07.4 |
| 208 | 145 | 110 | 26 | Simon, Frank | 1970 | M 45 | GER | 00:57:09.7 |
| 113 | 146 | 111 | 11 | Parijer, Roman | 1979 | M 35 | GER | 00:57:10.4 |
| 076 | 147 | 112 | 20 | Augstein, Dirk Die Linke / Mainz- Bingen | 1973 | M 40 | GER | 00:57:39.9 |
| 046 | 148 | 36 | 1 | de Mür, Birgit | 1962 | W 50 | GER | 00:57:42.1 |
| 053 | 149 | 113 | 27 | Grimm, Günther | 1969 | M 45 | GER | 00:57:53.9 |
| 190 | 150 | 114 | 21 | Trumm, Stephan | 1973 | M 40 | GER | 00:58:04.1 |

| Red Rock Runners | | | | | | | | | |
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| 138 | 151 | 115 | 28 | Bootz, Marco | 1971 | M 45 | GER | 00:58:15.9 | |
| 097 | 152 | 116 | 9 | Graßmann, Ralf SPD Mainz-Bingen | 1961 | M 55 | GER | 00:58:33.6 | |
| 242 | 153 | 117 | 29 | Wunsch, Peter TG Wallertheim | 1967 | M 45 | GER | 00:58:41.6 | |
| 101 | 154 | 118 | 22 | Aslan, Ridvan | 1975 | M 40 | GER | 00:58:45.4 | |
| 120 | 155 | 37 | 2 | Kloos, Susanne Hechtsheimer Turnverein | 1966 | W 50 | GER | 00:58:46.2 | |
| 188 | 156 | 38 | 1 | Hölzer, Karin Red Rock Runners | 1956 | W 60 | GER | 00:58:49.2 | |
| 013 | 157 | 39 | 9 | Gehindy, Britta | 1975 | W 40 | GER | 00:58:50.4 | |
| 006 | 158 | 40 | 3 | Jung-Müller, Christiane | 1965 | W 50 | GER | 00:58:56.4 | |
| 087 | 159 | 41 | 6 | Decker, Eva | 1981 | W 35 | GER | 00:58:59.6 | |
| 103 | 160 | 119 | 21 | Appel, Jens TuS Ober-Ingelheim | 1962 | M 50 | GER | 00:59:06.9 | |
| 115 | 161 | 42 | 10 | Muth, Martina LT TV Alsheim | 1972 | W 40 | GER | 00:59:11.7 | |
| 018 | 162 | 43 | 11 | Hermanns, Pia Mombacher Turnverein 1861 e.V. | 1972 | W 40 | GER | 00:59:13.9 | |
| 178 | 163 | 44 | 4 | Perevozova, Nataliia | 1985 | W 30 | UKR | 00:59:19.9 | |
| 016 | 164 | 45 | 5 | Hechler, Astrid | 1961 | W 55 | GER | 00:59:25.6 | |
| 044 | 165 | 46 | 12 | Schmitt, Simone | 1972 | W 40 | GER | 00:59:29.7 | |
| 184 | 166 | 47 | 8 | Meffert, Heike Heddesheimer Überflieger | 1967 | W 45 | GER | 00:59:41.2 | |
| 145 | 167 | 120 | 10 | Zimmer, Thomas DJK Bingen-Büdesheim | 1961 | M 55 | GER | 00:59:46.6 | |
| 162 | 168 | 48 | 9 | Größ-Ahr, Elke Lauftreff Ingelheim | 1971 | W 45 | GER | 00:59:52.1 | |
| 043 | 169 | 121 | 30 | Schmitt, Michael | 1968 | M 45 | GER | 00:59:56.7 | |
| 174 | 170 | 49 | 10 | Koglin, Heike | 1967 | W 45 | GER | 00:59:57.7 | |
| 125 | 171 | 50 | 5 | Kull, Sarah Julia Rittner SPORTS | 1986 | W 30 | GER | 01:00:03.6 | |
| 107 | 172 | 122 | 31 | Singer, Stefan | 1970 | M 45 | GER | 01:00:07.9 | |
| 085 | 173 | 123 | 10 | Neumann, Conrad | 1983 | M 30 | GER | 01:00:08.9 | |
| 172 | 174 | 51 | 7 | Schlarp, Nadja | 1980 | W 35 | GER | 01:00:20.1 | |
| 155 | 175 | 52 | 4 | Unger, Kristel | 1964 | W 50 | BEL | 01:00:23.9 | |
| 022 | 176 | 53 | 11 | Nessel, Martina hat kein Team | 1971 | W 45 | GER | 01:00:24.9 | |
| 038 | 177 | 54 | 13 | Langner, Birgit | 1972 | W 40 | GER | 01:00:27.4 | |
| 160 | 178 | 124 | 22 | Kilian, Erich Rheinläufer Bingen | 1962 | M 50 | GER | 01:00:46.4 | |
| 025 | 179 | 125 | 12 | Korsch, Matthias DLRG Mainz e.V. | 1981 | M 35 | GER | 01:00:50.7 | |
| 371 | 180 | 126 | 1 | Reisinger, Calito LG TuS Framersheim | 2004 | MJ U14 | GER | 01:00:53.4 | |
| 070 | 181 | 127 | 7 | Hein, Daniel | 1992 | M | GER | 01:00:54.2 | |
| 124 | 182 | 55 | 8 | Mertz, Miriam | 1979 | W 35 | GER | 01:00:56.4 | |

Julia Rittner SPORTS

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| 221 | 183 | 56 | 12 | Trübenbach, Claudia | 1968 | W 45 | GER | 01:00:56.9 |
| 001 | 184 | 57 | 9 | Gebhard, Stefanie | 1979 | W 35 | GER | 01:01:11.9 |
| 170 | 185 | 58 | 14 | Krist, Tanja | 1975 | W 40 | GER | 01:01:22.9 |
| 068 | 186 | 128 | 2 | Cascino, Ernesto | 1998 | MJ U20 | GER | 01:01:32.7 |
| 003 | 187 | 129 | 32 | Brodrecht, Thomas | 1969 | M 45 | GER | 01:01:35.7 |
| 127 | 188 | 59 | 15 | Hadasch, Birgit | 1973 | W 40 | GER | 01:01:36.2 |
| Julia Rittner SPORTS | | | | | | | | |
| 005 | 189 | 60 | 10 | Berg, Danielle | 1980 | W 35 | GER | 01:01:47.9 |
| 030 | 190 | 130 | 11 | Schweikhard, Thomas | 1958 | M 55 | GER | 01:01:55.9 |
| 153 | 191 | 61 | 11 | Herzbach, Melanie | 1980 | W 35 | GER | 01:02:01.2 |
| 035 | 192 | 62 | 13 | Palmes, Petra | 1970 | W 45 | GER | 01:02:01.7 |
| Julia Rittner SPORTS | | | | | | | | |
| 094 | 193 | 63 | 6 | Timm, Christine | 1982 | W 30 | GER | 01:02:09.7 |
| 084 | 194 | 64 | 8 | Hölz, Melanie | 1987 | W | GER | 01:02:20.7 |
| 086 | 195 | 131 | 23 | Kornely, Harald | 1975 | M 40 | GER | 01:02:21.6 |
| 075 | 196 | 65 | 12 | Renken, Tanja TSG Heidesheim | 1980 | W 35 | GER | 01:02:23.2 |
| 211 | 197 | 66 | 14 | Riechenberg, Barbara TSG Heidesheim | 1968 | W 45 | GER | 01:02:29.4 |
| 214 | 198 | 67 | 7 | Nememi, Mila | 1983 | W 30 | GER | 01:02:50.9 |
| 215 | 199 | 132 | 13 | Nememi, Viktor | 1980 | M 35 | GER | 01:02:51.4 |
| 128 | 200 | 133 | 23 | Naujack, Bernhard | 1963 | M 50 | GER | 01:04:15.4 |
| Julia Rittner SPORTS | | | | | | | | |
| 129 | 201 | 68 | 16 | Naujack, Simone | 1972 | W 40 | GER | 01:04:16.2 |
| Julia Rittner SPORTS | | | | | | | | |
| 183 | 202 | 69 | 5 | Meudt, Stefani | 1964 | W 50 | GER | 01:05:55.7 |
| 017 | 203 | 70 | 15 | Hechler, Susanne | 1969 | W 45 | GER | 01:08:04.9 |
| 063 | 204 | 134 | 24 | Kirch, Stephan ohne Verein | 1964 | M 50 | GER | 01:08:46.7 |
| 042 | 205 | 71 | 13 | Douglass, Estera | 1980 | W 35 | USA | 01:10:02.4 |
| 226 | 206 | 135 | 33 | Hülbosch, Nikolas | 1968 | M 45 | GER | 01:12:16.9 |
| 007 | 207 | 136 | 1 | Michel, Helmut Hunsrück Marathon e.V. | 1939 | M 75 | GER | 01:12:49.9 |
| 051 | 208 | 72 | 9 | Becker, Alexandra | 1989 | W | GER | 01:14:04.7 |
| 052 | 209 | 137 | 8 | Krolla, Jan | 1987 | M | GER | 01:14:05.2 |

5 KM (5km)

Start-

| Nr. | ges. | m/w | AK | Teilnehmer | Jahrg. | Altersklasse | Nat. | Zeit |
|-----|------|-----|----|------------------------------------|--------|--------------|------|------------|
| 275 | 1 | 1 | 1 | Fink, Leander | 2001 | MJ U16 | GER | 00:18:57.1 |
| 409 | 2 | 2 | 2 | Pitzer, Tim USC Mainz | 2002 | MJ U16 | GER | 00:19:22.1 |
| 346 | 3 | 3 | 1 | Rack, Andreas Team Muskel-Kater | 1985 | M 30 | GER | 00:19:33.4 |
| 364 | 4 | 4 | 3 | König, Finn LC Bingen | 2001 | MJ U16 | GER | 00:19:34.6 |

| | | | | | | | | |
|-----|----|----|---|---|------|--------|-----|------------|
| 274 | 5 | 5 | 1 | Gaul, Michael Red Rock Runner`s Bad Kreuznach | 1997 | MJ U20 | GER | 00:21:07.4 |
| 414 | 6 | 6 | 1 | Schultheis, Rainer TV Udenheim | 1970 | M 45 | GER | 00:21:20.4 |
| 296 | 7 | 7 | 1 | Yaroshenko, Christopher TV Bad Sobernheim | 2003 | MJ U14 | GER | 00:21:42.9 |
| 280 | 8 | 1 | 1 | Joeris, Meret MTV Bad Kreuznach | 2004 | WJ U14 | GER | 00:22:14.1 |
| 350 | 9 | 8 | 2 | Lehn, Jakob | 2003 | MJ U14 | GER | 00:22:19.4 |
| 289 | 10 | 2 | 1 | Groß, Gaby Feuerläufer Bad Kreuznach | 1966 | W 50 | GER | 00:22:21.9 |
| 307 | 11 | 9 | 2 | Lang, Alexander Familie Lang | 1971 | M 45 | GER | 00:22:33.9 |
| 304 | 12 | 10 | 1 | Theis, Jochen Red Rock Runners Bad Kreuznach | 1964 | M 50 | GER | 00:22:36.4 |
| 263 | 13 | 11 | 2 | Schott, Torsten Red Rock Runners Bad Kreuznach | 1965 | M 50 | GER | 00:22:42.6 |
| 351 | 14 | 12 | 3 | Lehn, Hubertus | 1970 | M 45 | GER | 00:22:50.6 |
| 355 | 15 | 13 | 1 | Kasten, Klaus LC Bingen | 1953 | M 60 | GER | 00:22:57.1 |
| 252 | 16 | 14 | 3 | Rösner, Reinhold TSG Heidesheim | 1962 | M 50 | GER | 00:23:13.4 |
| 369 | 17 | 15 | 4 | Trampusch, Ingo LG TuS Framersheim | 1964 | M 50 | GER | 00:23:15.1 |
| 318 | 18 | 16 | 5 | van Breda, Johan | 1962 | M 50 | NED | 00:23:19.9 |
| 354 | 19 | 3 | 1 | Islamovic, Jasmin | 1978 | W 35 | GER | 00:23:26.4 |
| 294 | 20 | 17 | 1 | Gerner, Marco SV 1910 Gau-Algesheim | 1980 | M 35 | GER | 00:23:30.4 |
| 281 | 21 | 18 | 1 | Böhme, Aiko | 1972 | M 40 | GER | 00:23:35.6 |
| 360 | 22 | 19 | 2 | Spengler, Marco | 1972 | M 40 | GER | 00:23:47.4 |
| 410 | 23 | 4 | 1 | Bollmann, Tessa USC Mainz | 2001 | WJ U16 | GER | 00:23:50.9 |
| 306 | 24 | 20 | 4 | Lang, Lukas Familie Lang | 2001 | MJ U16 | GER | 00:24:07.4 |
| 407 | 25 | 5 | 2 | Klemm, Natalie LC Bingen | 1979 | W 35 | GER | 00:24:20.9 |
| 316 | 26 | 21 | 1 | Gerken, Finn SV Gau-Algesheim | 2005 | MK U12 | GER | 00:24:24.9 |
| 311 | 27 | 22 | 2 | Schmitt, Karsten | 1977 | M 35 | GER | 00:24:31.9 |
| 363 | 28 | 6 | 3 | Hensel, Iris ALV Mainz | 1977 | W 35 | GER | 00:24:36.6 |
| 262 | 29 | 7 | 1 | baaser, tia ABC-Läufer | 1967 | W 45 | USA | 00:24:41.9 |
| 423 | 30 | 23 | 6 | Kattenbeck, Bernhard TV Appenheim | 1965 | M 50 | GER | 00:24:41.9 |
| 283 | 31 | 24 | 3 | Losito, Dennis Schoppe-Flitzer | 1981 | M 35 | GER | 00:24:44.6 |
| 317 | 32 | 25 | 7 | Hönisch, Günter | 1965 | M 50 | GER | 00:24:48.6 |
| 295 | 33 | 8 | 4 | Tomulets, Diana | 1977 | W 35 | GER | 00:24:52.6 |

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|-----|----|----|---|--------------------------------|------|--------|-----|------------|
| | | | | TV Bad Sobernheim | | | | |
| 365 | 34 | 26 | 2 | Sicker, Marco | 2005 | MK U12 | GER | 00:25:04.9 |
| 303 | 35 | 9 | 1 | Kreiss, Dragana | 1976 | W 40 | BIH | 00:25:12.6 |
| | | | | Red Rock Runners Bad Kreuznach | | | | |
| 298 | 36 | 27 | 4 | Käufer, Sigggi | 1969 | M 45 | GER | 00:25:14.9 |
| | | | | TG Nieder-Ingelheim | | | | |
| 411 | 37 | 28 | 5 | Jencio, Heiko | 1967 | M 45 | GER | 00:25:18.4 |
| | | | | RG Robinson | | | | |
| 273 | 38 | 29 | 6 | Meyer, Fritz | 1969 | M 45 | GER | 00:25:23.6 |
| 319 | 39 | 10 | 2 | de Jong, Karin | 1965 | W 50 | NED | 00:25:38.4 |
| 267 | 40 | 11 | 3 | Schaudig, Susanne | 1963 | W 50 | GER | 00:25:42.6 |
| | | | | SV TriCity Darmstadt | | | | |
| 266 | 41 | 30 | 8 | Schaudig, Frank | 1966 | M 50 | GER | 00:25:48.4 |
| | | | | SV TriCity Darmstadt | | | | |
| 282 | 42 | 31 | 3 | Böhme, Florian | 2003 | MJ U14 | GER | 00:26:01.1 |
| 373 | 43 | 32 | 1 | Prenzel, Lutz | 1949 | M 65 | GER | 00:26:06.9 |
| | | | | Blue Viking Running Team | | | | |
| 279 | 44 | 33 | 4 | Schönleber, Michael | 1981 | M 35 | GER | 00:26:31.1 |
| | | | | Schoppe-Flitzer | | | | |
| 276 | 45 | 34 | 5 | Damm, Michael | 1981 | M 35 | GER | 00:26:33.1 |
| | | | | Schoppe-Flitzer | | | | |
| 370 | 46 | 12 | 2 | Trampusch, Ellen | 2002 | WJ U16 | GER | 00:26:34.6 |
| | | | | LG TuS Framersheim | | | | |
| 362 | 47 | 13 | 3 | Krist, Giulia | 2002 | WJ U16 | GER | 00:26:41.1 |
| | | | | LF Naheland Bad Kreuznach | | | | |
| 254 | 48 | 35 | 1 | Landes, Frank | 1961 | M 55 | GER | 00:26:46.4 |
| | | | | Opa-Frank | | | | |
| 312 | 49 | 36 | 2 | Swarowsky, Egon | 1953 | M 60 | GER | 00:27:00.4 |
| | | | | LT Rheinhessen-Pfalz | | | | |
| 315 | 50 | 37 | 1 | Heinz, Julian | 1989 | M | GER | 00:27:05.6 |
| | | | | Team Schwanzus Longus | | | | |
| 372 | 51 | 14 | 1 | Koch, Corinna | 1992 | W | GER | 00:27:17.1 |
| 277 | 52 | 15 | 1 | Damm, Laura | 1985 | W 30 | GER | 00:27:19.4 |
| | | | | Schoppe-Flitzer | | | | |
| 278 | 53 | 16 | 2 | Ganteführer, Merle | 1984 | W 30 | GER | 00:27:19.5 |
| | | | | Schoppe-Flitzer | | | | |
| 285 | 54 | 38 | 2 | Singh, Frank | 1983 | M 30 | GER | 00:27:19.9 |
| | | | | Yoga in Joy | | | | |
| 258 | 55 | 17 | 1 | Oder, Antonia | 2005 | WK U12 | GER | 00:27:27.1 |
| | | | | TSG Groß-Winternheim | | | | |
| 300 | 56 | 39 | 5 | Gallrein, Erik | 2002 | MJ U16 | GER | 00:27:27.9 |
| 314 | 57 | 18 | 2 | Heinz, Lisa | 1987 | W | GER | 00:27:28.6 |
| | | | | Team Schwanzus Longus | | | | |
| 416 | 58 | 19 | 2 | Mehler, Katja | 1975 | W 40 | GER | 00:27:42.1 |
| 427 | 59 | 40 | 1 | Zimmermann, Erik | 2007 | MK U10 | GER | 00:27:47.9 |
| 302 | 60 | 41 | 1 | Beck, Hans-Joachim | 1944 | M 70 | GER | 00:27:48.6 |
| | | | | TV Alzey | | | | |
| 299 | 61 | 42 | 4 | Käufer, Noah | 2003 | MJ U14 | GER | 00:27:55.9 |
| | | | | TUS Hochheim | | | | |

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|-----|----|----|----|--|------|--------|-----|------------|
| 287 | 62 | 43 | 3 | Popp, Willy | 1975 | M 40 | GER | 00:28:00.4 |
| 332 | 63 | 20 | 1 | Reitz, Sofie Familie Reitz | 2007 | WK U10 | GER | 00:28:12.9 |
| 333 | 64 | 44 | 3 | Reitz, Alexander Familie Reitz | 1982 | M 30 | GER | 00:28:13.4 |
| 291 | 65 | 45 | 2 | Heblich, Gernot Feuerläufer Bad Kreuznach | 1960 | M 55 | GER | 00:28:16.6 |
| 342 | 66 | 46 | 3 | Koller, Eike TSG Heidesheim 1848 e.V. | 2005 | MK U12 | GER | 00:28:19.1 |
| 331 | 67 | 47 | 7 | Klippel, Thomas | 1968 | M 45 | GER | 00:28:19.2 |
| 292 | 68 | 21 | 5 | Rott, Miriam | 1978 | W 35 | GER | 00:28:24.6 |
| 359 | 69 | 48 | 3 | Joeris, Heinz-Josef MTV Bad Kreuznach | 1959 | M 55 | GER | 00:28:32.1 |
| 356 | 70 | 49 | 4 | Gabel, Michael Karl Gemünden GmbH & Co. KG | 1982 | M 30 | GER | 00:28:34.6 |
| 325 | 71 | 22 | 3 | Morlencaite, Ramune Julia Rittner SPORTS | 1983 | W 30 | GER | 00:28:44.6 |
| 353 | 72 | 50 | 9 | Löffler, Thomas BSG Sparkasse Aschaffenburg-Alzenau | 1962 | M 50 | GER | 00:28:51.6 |
| 308 | 73 | 51 | 8 | Hopp, Jürgen THE MACHINE Udenheim | 1967 | M 45 | GER | 00:28:52.9 |
| 326 | 74 | 23 | 6 | Zaremba-Kalmbacher, Brigita Julia Rittner SPORTS | 1980 | W 35 | GER | 00:28:53.1 |
| 404 | 75 | 24 | 4 | Mißkampff, Ute TV Gau-Alpesheim | 1964 | W 50 | GER | 00:28:55.9 |
| 313 | 76 | 52 | 5 | Leybold, Marco Team Schwanzus Longus | 1986 | M 30 | GER | 00:29:12.6 |
| 421 | 77 | 25 | 4 | Heinrich, Kathrin | 1984 | W 30 | GER | 00:29:17.4 |
| 340 | 78 | 26 | 1 | Krolla, Maria DJK Bingen-Büdesheim | 1999 | WJ U18 | GER | 00:29:19.1 |
| 338 | 79 | 27 | 5 | Ochs-Funk, Jacqueline DJK Bingen-Büdesheim | 1966 | W 50 | GER | 00:29:20.1 |
| 335 | 80 | 53 | 6 | Bootz, Pascal | 2002 | MJ U16 | GER | 00:29:23.1 |
| 420 | 81 | 28 | 3 | Hanslik, Melanie | 1987 | W | GER | 00:29:26.9 |
| 417 | 82 | 54 | 3 | Dörrhöfer, Hans Rudolf | 1952 | M 60 | GER | 00:29:28.1 |
| 422 | 83 | 55 | 2 | Weber, Jasmin | 1989 | M | GER | 00:29:32.1 |
| 347 | 84 | 29 | 2 | Kulis, Emilia Team Muskel-Kater | 2004 | WJ U14 | GER | 00:29:39.9 |
| 310 | 85 | 56 | 2 | Langer, Julian | 2007 | MK U10 | GER | 00:29:54.9 |
| 272 | 86 | 30 | 7 | Knewitz, Christine | 1981 | W 35 | GER | 00:30:00.1 |
| 309 | 87 | 31 | 6 | Langer, Ulrike | 1966 | W 50 | GER | 00:30:03.4 |
| 425 | 88 | 57 | 10 | Bernert, Siegfried | 1964 | M 50 | GER | 00:30:33.6 |
| 305 | 89 | 32 | 3 | Lang, Petra Familie Lang | 1972 | W 40 | GER | 00:30:35.1 |
| 284 | 90 | 33 | 4 | Fetzer, Katharina | 1992 | W | GER | 00:30:42.9 |
| 334 | 91 | 34 | 1 | Stan, Denisa Julia Rittner SPORTS | 1997 | WJ U20 | GER | 00:30:45.1 |
| 415 | 92 | 58 | 4 | Töpel, Stephan | 1960 | M 55 | GER | 00:30:53.9 |

| | | | | Yogo | | | | |
|------------|------------|-----------|----------|---|-------------|-------------|------------|-------------------|
| 253 | 93 | 35 | 7 | Pries, Susanne Yoga in Joy | 1963 | W 50 | GER | 00:30:54.9 |
| 256 | 94 | 36 | 5 | Müller, Paulina | 1996 | W | GER | 00:30:59.4 |
| 286 | 95 | 37 | 4 | Kruger-Ebling, Lea-Marie Lübbers-mpt | 2002 | WJ U16 | GER | 00:31:00.1 |
| 403 | 96 | 38 | 5 | Bachmann, Luise | 2002 | WJ U16 | GER | 00:31:07.1 |
| 349 | 97 | 59 | 11 | Mann, Wolfgang | 1962 | M 50 | GER | 00:31:13.1 |
| 418 | 98 | 39 | 5 | Häußling, Teresa | 1986 | W 30 | GER | 00:31:18.1 |
| 424 | 99 | 40 | 4 | Aloy, Catrin | 1972 | W 40 | GER | 00:31:27.4 |
| 345 | 100 | 41 | 1 | Herold, Andrea Lauftreff Ingelheim | 1961 | W 55 | GER | 00:31:37.9 |
| 408 | 101 | 42 | 3 | Sinning, Samara TG Ingelheim | 2004 | WJ U14 | GER | 00:31:46.6 |
| 375 | 102 | 43 | 4 | Amecke, Lili | 2003 | WJ U14 | GER | 00:31:47.1 |
| 412 | 103 | 44 | 8 | Klang, Nina | 1978 | W 35 | GER | 00:32:00.9 |
| 367 | 104 | 45 | 2 | Bartz, Birgit | 1971 | W 45 | GER | 00:32:30.4 |
| 348 | 105 | 46 | 8 | Grieb, Walburga SV 1910 Gau-Algesheim | 1964 | W 50 | GER | 00:33:06.4 |
| 330 | 106 | 47 | 2 | Eschborn, Lilith | 2008 | WK U10 | GER | 00:33:34.1 |
| 329 | 107 | 60 | 4 | Eschborn, Thomas | 1974 | M 40 | GER | 00:33:34.9 |
| 402 | 108 | 48 | 5 | Bachmann, Antje | 1972 | W 40 | GER | 00:33:46.4 |
| 327 | 109 | 49 | 2 | Fuhrmann, Bettina Julia Rittner SPORTS | 1960 | W 55 | GER | 00:34:02.1 |
| 259 | 110 | 50 | 6 | Siegling-Radtke, Ulrike | 1983 | W 30 | GER | 00:34:30.1 |
| 341 | 111 | 51 | 9 | Mahlmann, Martina TSG Heidesheim 1848 e.V. | 1964 | W 50 | GER | 00:34:30.6 |
| 426 | 112 | 61 | 9 | Pattener, Reiner | 1969 | M 45 | GER | 00:34:37.4 |
| 361 | 113 | 62 | 5 | Hassemer, Elias | 2004 | MJ U14 | GER | 00:34:54.1 |
| 264 | 114 | 52 | 3 | Schulze-Thesing, Susanne | 1967 | W 45 | GER | 00:34:58.6 |
| 301 | 115 | 63 | 10 | Erz, Frank FatBoysRun | 1967 | M 45 | GER | 00:35:11.4 |
| 366 | 116 | 64 | 6 | Wingender, Frank ohne Verein | 1978 | M 35 | GER | 00:35:13.9 |
| 401 | 117 | 53 | 6 | Hanß, Sonja TuS Kirchberg | 1988 | W | GER | 00:35:16.9 |
| 413 | 118 | 54 | 1 | Hirsch, Evelin | 1956 | W 60 | GER | 00:35:30.6 |
| 320 | 119 | 65 | 2 | Held, Oskar LT Rheinhessen-Pfalz | 1947 | M 65 | GER | 00:35:33.9 |
| 419 | 120 | 55 | 6 | Koch, Juliane Lauftreff Ingelheim | 1973 | W 40 | GER | 00:35:36.1 |
| 406 | 121 | 56 | 7 | Geiger-Koller, Katharina TSG Heidesheim | 1975 | W 40 | GER | 00:35:38.4 |
| 323 | 122 | 57 | 7 | Naujack, Lisa Julia Rittner SPORTS | 1995 | W | GER | 00:35:44.6 |
| 324 | 123 | 66 | 3 | Henzler, Marius Julia Rittner SPORTS | 1995 | M | GER | 00:35:45.6 |
| 376 | 124 | 67 | 12 | Meudt, Andreas | 1962 | M 50 | GER | 00:36:20.9 |

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|-----|-----|----|----|---|------|--------|-----|------------|
| 293 | 125 | 58 | 4 | Hassemer, Susanne | 1969 | W 45 | GER | 00:36:31.1 |
| 357 | 126 | 59 | 3 | Jäger, Beate Rheinläufer | 1960 | W 55 | GER | 00:36:31.9 |
| 255 | 127 | 60 | 4 | Bell, Edith Julia Rittner SPORTS | 1957 | W 55 | GER | 00:39:14.4 |
| 344 | 128 | 61 | 5 | Rahm, Dagmar | 1958 | W 55 | GER | 00:41:25.9 |
| 405 | 129 | 62 | 10 | Borchert-Stuhlträger, Monika Rheinhesse Medscher | 1965 | W 50 | GER | 00:43:00.1 |
| 322 | 130 | 68 | 6 | Rittweiler, Lenny Julia Rittner SPORTS | 2004 | MJ U14 | GER | 00:45:26.9 |

Walking 5 KM (5km)

Start-

| Nr. | ges. | m/w | AK | Teilnehmer | Jahrg. | Altersklasse | Nat. | Zeit |
|-----|------|-----|----|---|--------|--------------|------|------------|
| 520 | 1 | 1 | 1 | Godon, Andreas LT Rheinhessen-Pfalz | 1966 | M 50 | GER | 00:34:14.4 |
| 551 | 2 | 2 | 2 | Bawel, Frank Allwetter-Walker | 1964 | M 50 | GER | 00:36:09.4 |
| 521 | 3 | 1 | 1 | Held, Ulla LT Rheinhessen-Pfalz | 1962 | W 50 | GER | 00:37:22.6 |
| 550 | 4 | 2 | 1 | Börstler, Heike Allwetter-Walker | 1970 | W 45 | GER | 00:38:35.4 |
| 450 | 5 | 3 | 1 | Dörrhöfer, Heinz | 1956 | M 60 | GER | 00:39:41.6 |
| 508 | 6 | 3 | 1 | Schiller, Sieglinde TV 1902 Frei-Weinheim e.V. | 1955 | W 60 | GER | 00:40:21.6 |
| 556 | 7 | 4 | 2 | Reimer, Heike | 1971 | W 45 | GER | 00:40:23.9 |
| 504 | 8 | 4 | 1 | Kundt, Herbert Baucontrol Bingen | 1948 | M 65 | GER | 00:40:26.9 |
| 507 | 9 | 5 | 2 | Barnekow, Rolf TV 1902 Frei-Weinheim e.V. | 1953 | M 60 | GER | 00:40:59.6 |
| 503 | 10 | 5 | 2 | Weinmann, Gisela Team G@sser | 1952 | W 60 | GER | 00:41:05.6 |
| 528 | 11 | 6 | 1 | Joeris, Dagmar MTV Bad Kreuznach | 1961 | W 55 | GER | 00:42:26.6 |
| 559 | 12 | 7 | 1 | Dörrhöfer, Silvana | 1973 | W 40 | GER | 00:42:46.9 |
| 515 | 13 | 6 | 3 | Müller, Helmut | 1952 | M 60 | GER | 00:42:49.6 |
| 505 | 14 | 8 | 1 | Müller, Gudrun | 1942 | W 70 | GER | 00:43:14.6 |
| 557 | 15 | 9 | 1 | Dörrhöfer, Melissa | 1995 | W | GER | 00:43:22.9 |
| 552 | 16 | 10 | 3 | Wallenstein-Sinning, Patricia | 1968 | W 45 | GER | 00:45:01.6 |
| 558 | 17 | 11 | 4 | Dörrhöfer, Vilma | 1968 | W 45 | GER | 00:45:01.9 |
| 555 | 18 | 7 | 1 | Wood, Duncan TuS 1848 Ober-Ingelheim | 1972 | M 40 | GER | 00:45:40.9 |
| 523 | 19 | 8 | 1 | Kurz, Thorsten Julia Rittner SPORTS | 1970 | M 45 | GER | 00:45:44.2 |
| 527 | 20 | 12 | 2 | Zimmermann, Monika Hospizgruppe Ingelheim | 1964 | W 50 | GER | 00:46:15.6 |
| 554 | 21 | 13 | 2 | Wood, Iris TuS 1848 Ober-Ingelheim | 1972 | W 40 | GER | 00:46:17.1 |

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|-----|----|----|---|---|------|--------|-----|------------|
| 553 | 22 | 9 | 1 | Berr, Jürgen TuS 1848 Ober-Ingelheim | 1941 | M 75 | GER | 00:46:19.1 |
| 512 | 23 | 10 | 1 | Binzel, Erich LT Rheinhessen-Pfalz | 1957 | M 55 | GER | 00:46:22.1 |
| 519 | 24 | 14 | 5 | Hönisch, Monika | 1967 | W 45 | GER | 00:46:43.1 |
| 449 | 25 | 11 | 2 | Hecker, Helga TV Frei Weinheim | 1939 | M 75 | GER | 00:46:44.6 |
| 510 | 26 | 15 | 1 | Singh, Katharina Yoga in Joy | 1980 | W 35 | POL | 00:47:16.6 |
| 501 | 27 | 16 | 2 | Moroni, Ines Yoga in Joy | 1961 | W 55 | ITA | 00:47:17.1 |
| 509 | 28 | 17 | 6 | Mattes, Sandra Yoga in Joy | 1968 | W 45 | GER | 00:47:31.1 |
| 511 | 29 | 18 | 3 | Kaul, Bettina Yoga in Joy | 1964 | W 50 | GER | 00:47:51.1 |
| 513 | 30 | 19 | 4 | Henrich, Hildegard Yoga in Joy | 1963 | W 50 | GER | 00:47:51.6 |
| 514 | 31 | 20 | 5 | Biegel, Birgit Yoga in Joy | 1962 | W 50 | GER | 00:47:52.4 |
| 522 | 32 | 21 | 6 | Brauer, Ulrike Julia Rittner SPORTS | 1965 | W 50 | GER | 00:49:40.1 |
| 448 | 33 | 22 | 1 | Richter, Brigitte TV Frei Weinheim | 1949 | W 65 | GER | 00:51:41.6 |
| 506 | 34 | 23 | 2 | Barnekow, Gerlinde Turnverein 1902 Frei-Weinheim e.V | 1951 | W 65 | GER | 00:51:43.7 |
| 517 | 35 | 24 | 1 | zu Eulenburg, Antonie TV 1902 Frei-Weinheim e.V. | 1941 | W 75 | GER | 00:51:43.7 |
| 526 | 36 | 25 | 1 | Gießler, Lisa Hospizgruppe Ingelheim | 1999 | WJ U18 | GER | 00:54:49.4 |
| 525 | 37 | 26 | 7 | Gießler, Marika Hospizgruppe Ingelheim | 1964 | W 50 | GER | 00:54:57.2 |

800 m (800m)

Start-

| Nr. | ges. | m/w | AK | Teilnehmer | Jahrg. | Altersklasse | Nat. | Zeit |
|-----|------|-----|----|--|--------|--------------|------|------------|
| 610 | 1 | 1 | 1 | Stampfl, Hannah Juliana LG Rhein-Wied | 2005 | WK U12 | GER | 00:02:43.1 |
| 633 | 2 | 1 | 1 | Gerken, Finn SV Gau-Algesheim | 2005 | MK U12 | GER | 00:02:52.6 |
| 636 | 3 | 2 | 2 | Möritz, Till SV Gau-Algesheim | 2006 | MK U12 | GER | 00:03:01.8 |
| 611 | 4 | 2 | 1 | Stampfl, Jana Victoria LG Rhein-Wied | 2007 | WK U10 | GER | 00:03:03.8 |
| 652 | 5 | 3 | 1 | Hensel, Sarah TSV Schott Mainz | 2004 | WJ U14 | GER | 00:03:06.3 |
| 641 | 6 | 3 | 1 | Betke, Mats Yoga in Joy | 2007 | MK U10 | GER | 00:03:07.1 |
| 656 | 7 | 4 | 2 | Gomez, Georgina Aragones | 2004 | WJ U14 | GER | 00:03:07.8 |
| 604 | 8 | 4 | 2 | Bach, Noah | 2007 | MK U10 | GER | 00:03:08.6 |

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|-----|----|----|----|---|------|--------|-----|------------|
| 624 | 9 | 5 | 2 | Köhler, Liv Grete TSG Heidesheim | 2007 | WK U10 | GER | 00:03:12.8 |
| 640 | 10 | 6 | 3 | Schäfer, Annika SV Gau-Algesheim | 2004 | WJ U14 | GER | 00:03:12.9 |
| 630 | 11 | 5 | 3 | Wiedmaier, Tim TSG Heidesheim | 2008 | MK U10 | GER | 00:03:14.1 |
| 661 | 12 | 6 | 4 | Schott, Kevin | 2007 | MK U10 | GER | 00:03:16.8 |
| 653 | 13 | 7 | 3 | Hensel, Maya TSV Schott Mainz | 2008 | WK U10 | GER | 00:03:16.9 |
| 628 | 14 | 7 | 5 | Tarhan, Baris TSG Heidesheim | 2007 | MK U10 | GER | 00:03:17.6 |
| 635 | 15 | 8 | 3 | Gresch, Simon SV Gau-Algesheim | 2005 | MK U12 | GER | 00:03:17.6 |
| 666 | 16 | 9 | 1 | Häffner, Julien | 2004 | MJ U14 | GER | 00:03:20.3 |
| 631 | 17 | 10 | 6 | Holzapfel, Karl TSG Heidesheim | 2008 | MK U10 | GER | 00:03:20.8 |
| 625 | 18 | 11 | 7 | Köhler, Lasse TSG Heidesheim | 2008 | MK U10 | GER | 00:03:22.3 |
| 662 | 19 | 12 | 8 | Weitzel, Timotheus TSV Wackenheim | 2007 | MK U10 | GER | 00:03:27.8 |
| 626 | 20 | 8 | 4 | Beimgraben, Mara Lena TSG Heidesheim | 2007 | WK U10 | GER | 00:03:28.6 |
| 605 | 21 | 9 | 1 | Oder, Sophia TSG Groß-Winternheim | 2009 | WK U8 | GER | 00:03:28.6 |
| 639 | 22 | 10 | 5 | Schäfer, Fabienne SV Gau-Algesheim | 2007 | WK U10 | GER | 00:03:29.1 |
| 634 | 23 | 11 | 6 | Gerken, Liv SV Gau-Algesheim | 2008 | WK U10 | GER | 00:03:30.1 |
| 612 | 24 | 13 | 9 | Gehring, Leon SV Gau-Algesheim 1910 e.V. | 2008 | MK U10 | GER | 00:03:31.3 |
| 620 | 25 | 14 | 10 | Zimmermann, Erik | 2007 | MK U10 | GER | 00:03:32.6 |
| 637 | 26 | 12 | 7 | Kühnapfel, Anne SV Gau-Algesheim | 2007 | WK U10 | GER | 00:03:33.1 |
| 618 | 27 | 13 | 8 | Timm, Mia | 2007 | WK U10 | GER | 00:03:36.1 |
| 659 | 28 | 15 | 11 | Kulis, Maximilian Muskel-Kater | 2007 | MK U10 | GER | 00:03:38.6 |
| 638 | 29 | 14 | 9 | Schäfer, Marleen SV Gau-Algesheim | 2007 | WK U10 | GER | 00:03:39.6 |
| 613 | 30 | 16 | 12 | Reifenberg, Oskar | 2008 | MK U10 | GER | 00:03:41.1 |
| 627 | 31 | 17 | 13 | Dehlzeit, Tom TSG Heidesheim | 2008 | MK U10 | GER | 00:03:42.8 |
| 660 | 32 | 15 | 10 | Schulmerich, Nila Hunsrück Marathon e.V. | 2008 | WK U10 | GER | 00:03:43.6 |
| 603 | 33 | 18 | 1 | Goebel, Nico | 2010 | MK U8 | GER | 00:03:47.3 |
| 609 | 34 | 16 | 11 | Meyer, Louisa | 2008 | WK U10 | GER | 00:03:48.3 |
| 651 | 35 | 19 | 14 | Gerth, Silas | 2008 | MK U10 | GER | 00:03:50.3 |
| 622 | 36 | 17 | 12 | Klumb, Zoe | 2007 | WK U10 | GER | 00:03:51.8 |
| 607 | 37 | 20 | 15 | Singh, Dev Yoga in Joy | 2007 | MK U10 | GER | 00:03:57.8 |

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|-----|----|----|----|--|------|--------|-----|------------|
| 655 | 38 | 18 | 13 | Dürk, Maresa Karl Gemünden GmbH & Co. KG | 2008 | WK U10 | GER | 00:04:04.3 |
| 650 | 39 | 21 | 16 | Hanß, Nico TuS Kirchberg | 2008 | MK U10 | GER | 00:04:05.3 |
| 601 | 40 | 19 | 2 | Ott, Svenja | 2006 | WK U12 | GER | 00:04:06.6 |
| 619 | 41 | 20 | 14 | Vucenovic, Johanna | 2007 | WK U10 | GER | 00:04:06.6 |
| 608 | 42 | 21 | 15 | Scheipers, Ronja Yoga in Joy | 2008 | WK U10 | GER | 00:04:11.8 |
| 614 | 43 | 22 | 2 | Bender, Ruben MCV Riesling Jogger | 2009 | MK U8 | GER | 00:04:15.8 |
| 658 | 44 | 22 | 16 | Seiler, Rahel | 2008 | WK U10 | GER | 00:04:22.8 |
| 642 | 45 | 23 | 4 | Morlencaite, Kamille Julia Rittner SPORTS | 2004 | WJ U14 | GER | 00:04:24.1 |
| 606 | 46 | 23 | 4 | Singh, Ravi Yoga in Joy | 2006 | MK U12 | GER | 00:04:26.1 |
| 621 | 47 | 24 | 2 | Zimmermann, Nina | 2010 | WK U8 | GER | 00:04:27.6 |
| 645 | 48 | 24 | 17 | Kalmbacher, Paul Julia Rittner SPORTS | 2007 | MK U10 | GER | 00:04:28.8 |
| 654 | 49 | 25 | 3 | Hashimi, Malu | 2010 | WK U8 | GER | 00:04:29.3 |
| 615 | 50 | 25 | 18 | Weisenstein, David TV Bad Sobernheim | 2007 | MK U10 | GER | 00:04:38.1 |
| 616 | 51 | 26 | 17 | Weisenstein, Sophia TV Bad Sobernheim | 2007 | WK U10 | GER | 00:04:38.8 |
| 664 | 52 | 26 | 19 | Langner, Johannes | 2008 | MK U10 | GER | 00:04:39.1 |
| 657 | 53 | 27 | 18 | Bachmann, Ida | 2007 | WK U10 | GER | 00:04:40.3 |
| 663 | 54 | 27 | 20 | Langener, Clemens | 2007 | MK U10 | GER | 00:04:44.3 |
| 623 | 55 | 28 | 1 | Langer, Clara | 2011 | WK U6 | GER | 00:05:09.6 |
| 665 | 56 | 29 | 4 | Meillan, Anouk TuS Ober-Ingelheim | 2010 | WK U8 | GER | 00:05:27.6 |
| 617 | 57 | 30 | 19 | Weisenstein, Hannah TV Bad Sobernheim | 2007 | WK U10 | GER | 00:05:36.3 |

400m (400m)

Start-

| Nr. | ges. | m/w | AK | Teilnehmer | Jahrg. | Altersklasse | Nat. | Zeit |
|-----|------|-----|----|---|--------|--------------|------|------------|
| 725 | 1 | 1 | 1 | Stark, Paul SV 1910 Gau-Algesheim | 2009 | M | GER | 00:01:31.1 |
| 737 | 2 | 2 | 2 | Leys, Frederic Spvgg. Dietersheim | 2010 | M | GER | 00:01:33.8 |
| 709 | 3 | 3 | 3 | Käufer, Finn Emil | 2009 | M | GER | 00:01:35.8 |
| 716 | 4 | 4 | 4 | Vucenovic, Lukas | 2009 | M | GER | 00:01:37.6 |
| 729 | 5 | 1 | 1 | Papadimitriou, Nike SV Gau-Algesheim | 2009 | F | GER | 00:01:38.8 |
| 756 | 6 | 5 | 5 | Graffe, Lennart | 2009 | M | GER | 00:01:39.3 |
| 754 | 7 | 6 | 6 | Kattenbeck, Simon TV Appenheim | 2010 | M | GER | 00:01:41.8 |
| 727 | 8 | 7 | 7 | Fournell, Ben SV Gau-Algesheim | 2009 | M | GER | 00:01:42.1 |

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|-----|----|----|----|--|------|---|-----|------------|
| 742 | 9 | 8 | 8 | Kerber, Joel | 2009 | M | GER | 00:01:42.3 |
| 728 | 10 | 9 | 9 | Holfeld, Leo SV Gau-Algesheim | 2010 | M | GER | 00:01:42.7 |
| 711 | 11 | 10 | 10 | Gehring, Jaron SV Gau-Algesheim 1910 | 2009 | M | GER | 00:01:43.3 |
| 747 | 12 | 11 | 11 | Sahin, Devin | 2010 | M | GER | 00:01:43.4 |
| 701 | 13 | 2 | 2 | Ott, Ronja | 2010 | F | GER | 00:01:46.1 |
| 741 | 14 | 3 | 3 | Doktor, Lina SV Gau-Algesheim | 2009 | F | GER | 00:01:46.8 |
| 740 | 15 | 4 | 4 | Nagel, Chiara | 2009 | F | GER | 00:01:49.1 |
| 730 | 16 | 5 | 5 | Möritz, Linda SV Gau-Algesheim | 2009 | F | GER | 00:01:50.6 |
| 710 | 17 | 12 | 12 | Käufer, Ben Karl | 2011 | M | GER | 00:01:52.6 |
| 702 | 18 | 6 | 6 | Bach, Ninja | 2011 | F | GER | 00:01:55.3 |
| 745 | 19 | 7 | 7 | Holzapfel, Marlena TSG Heidesheim | 2011 | F | GER | 00:01:55.4 |
| 708 | 20 | 13 | 13 | Scheipers, Jan Spielvereinigung Ingelheim | 2010 | M | GER | 00:01:57.8 |
| 705 | 21 | 8 | 8 | Merten, Merle | 2011 | F | GER | 00:02:00.0 |
| 713 | 22 | 9 | 9 | Hertlein, Sofie | 2011 | F | GER | 00:02:01.1 |
| 749 | 23 | 10 | 10 | Schott, Alissa | 2010 | F | GER | 00:02:02.3 |
| 703 | 24 | 14 | 14 | Oder, Nikolas TSG Groß-Winternheim | 2011 | M | GER | 00:02:03.8 |
| 748 | 25 | 15 | 15 | Kühnapfel, Florian SV Gau-Algesheim | 2011 | M | GER | 00:02:04.1 |
| 731 | 26 | 11 | 11 | Islamovic, Helena SV Gau-Algesheim | 2010 | F | GER | 00:02:05.5 |
| 643 | 27 | 12 | 12 | Morlencaite, Inga Julia Rittner SPORTS | 2008 | F | GER | 00:02:07.0 |
| 647 | 28 | 16 | 16 | Kalmbacher, Oskar Julia Rittner SPORTS | 2011 | M | GER | 00:02:09.1 |
| 720 | 29 | 17 | 17 | Nagel, Malte SV 1910 Gau-Algesheim | 2012 | M | GER | 00:02:12.8 |
| 707 | 30 | 18 | 18 | Meyer, Leon | 2011 | M | GER | 00:02:23.1 |
| 723 | 31 | 19 | 19 | Fournell, Tom SV 1910 Gau-Algesheim | 2010 | M | GER | 00:02:23.5 |
| 714 | 32 | 20 | 20 | Reimer, Luis | 2012 | M | GER | 00:02:25.8 |
| 739 | 33 | 21 | 21 | Dürk, Marten Karl Gemünden GmbH & Co. KG | 2011 | M | GER | 00:02:27.3 |
| 738 | 34 | 13 | 13 | Leys, Clara TUS Bingen-Büdesheim | 2011 | F | GER | 00:02:28.5 |
| 724 | 35 | 22 | 22 | Holfeld, Urs SV 1910 Gau-Algesheim | 2012 | M | GER | 00:02:29.6 |
| 717 | 36 | 23 | 23 | Stark, Max SV 1910 Gau-Algesheim | 2012 | M | GER | 00:02:30.8 |
| 744 | 37 | 14 | 14 | Kerber, Alina | 2011 | F | GER | 00:02:32.5 |
| 719 | 38 | 15 | 15 | Buchweitz, Tela SV 1910 Gau-Algesheim | 2011 | F | GER | 00:02:34.1 |

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| 718 | 39 | 16 | 16 | Gebert, Emma SV 1910 Gau-Algesheim | 2012 | F | GER | 00:02:46.8 |
| 736 | 40 | 24 | 24 | Islamovic, Matteo SV 1910 Gau-Algesheim | 2012 | M | GER | 00:02:47.1 |
| 753 | 41 | 25 | 25 | Schäblein, Aaron TG Naurod | 2012 | M | GER | 00:02:53.3 |
| 751 | 42 | 26 | 26 | Schutheis, Fabian TV Udenheim | 2012 | M | GER | 00:02:56.8 |
| 734 | 43 | 27 | 27 | Meillan, Louis TuS 1848 Ober-Ingelheim | 2013 | M | FRA | 00:03:13.0 |
| 706 | 44 | 28 | 28 | Hahn, Anton | 2012 | M | GER | 00:03:15.8 |
| 704 | 45 | 17 | 17 | Douglass, Zoey | 2014 | F | GER | 00:03:45.6 |
| 746 | 46 | 29 | 29 | Gomez, Arnau Aragones | 2013 | M | GER | 00:03:49.8 |
| 755 | 47 | 18 | 18 | Schmitt, Ella | 2014 | F | GER | 00:03:58.6 |
| 752 | 48 | 19 | 19 | Müller, Matilda | 2012 | F | GER | 00:04:08.0 |
| 750 | 49 | 20 | 20 | Wood, Lilian TuS 1848 Ober-Ingelheim | 2014 | F | GER | 00:04:15.8 |
| 743 | 50 | 21 | 21 | Berg, Valeska | 2013 | F | GER | 00:04:37.1 |

